



## PLEIADE TEACHING & LEARNING PHILOSOPHY STATEMENT

Our teaching and learning philosophy statement embodies our commitment to delivering a comprehensive and transformative coach education program. We strive to cultivate highly skilled and ethical coaches who make a positive impact on individuals, organizations, and communities. Our philosophy revolves around the following core principles:

1. **ICF Competencies:** We are dedicated to upholding the ICF Core Competencies as the foundation of our coach education program. These competencies serve as the framework for developing coaching skills and expertise. Our curriculum aligned with the ICF's standards enables coaches to meet the highest professional and ethical requirements of the coaching profession.
2. **Experiential Learning:** We believe in the power of experiential learning to foster coach development. Our teaching methodology incorporates a balance between theoretical knowledge and practical application. Coaches engage in immersive and interactive experiences, including supervised coaching practice, peer coaching, and case studies. This approach allows coaches to integrate new concepts, skills, and perspectives into their coaching practice, leading to deeper understanding and mastery.
3. **Communication and Connection:** We recognize the significance of effective communication and meaningful connections in coaching. Our philosophy includes the study of language and behavior profiles, enabling coaches to develop strong interpersonal skills and connect with clients on a deeper level. Coaches learn to use metaphors or other creative instruments and adapt their communication styles to foster understanding, trust, and motivation.
4. **Holistic Approach:** We embrace a holistic approach to coaching education that encompasses both personal and professional growth. We believe that effective coaching goes beyond technique and requires coaches to develop self-awareness, emotional intelligence, and a strong sense of personal values. Our program includes self-reflection exercises and mindfulness practices to support coaches in their journey of self-discovery and growth, enhancing their ability to connect with clients authentically. We promote self-awareness, emotional intelligence, and empathy and coaches learn to create a supportive and nurturing coaching environment that promotes the holistic well-being of individuals.
5. **Diversity and Inclusion:** We value diversity and inclusion as essential elements of coaching. We encourage coaches to recognize and celebrate individual differences, actively challenge biases, and create inclusive coaching spaces. By promoting diversity and inclusion, we aim to ensure that coaches are prepared to serve clients from various backgrounds and embrace the richness of human experiences.



6. **Continuous Professional Development:** We embrace the philosophy of lifelong learning and continuous professional development. Our coach education program provides a solid foundation for coaches to embark on a journey of ongoing growth and refinement. We foster a learning community that encourages coaches to engage in further education, pursue advanced certifications, participate in coaching conferences, and collaborate with peers. We support coaches in staying current with emerging research, best practices, and evolving industry trends.
7. **Ethical Integrity:** Ethical conduct is at the core of our coaching education program. We instill a strong commitment to ethical standards and professional integrity in our coaches. We explore ethical dilemmas, promote ethical decision-making frameworks, and emphasize the importance of confidentiality, respect, and client well-being. Our coaches are trained to adhere to the ICF Code of Ethics, ensuring the highest level of professionalism and ethical practice.
8. **Transformational Learning:** Our coaching education program aims to facilitate transformational learning experiences for coaches. We believe that coaching has the power to create meaningful and lasting change in individuals and organizations. Through our curriculum, coaches develop the skills, knowledge, and mindset necessary to empower their clients to achieve their goals, unlock their potential, and thrive in all aspects of life.

By embracing our teaching and learning philosophy, coaches who graduate from our program will embody the highest professional standards, possess a comprehensive skill set, and be equipped to make a positive impact in the coaching profession and beyond.

